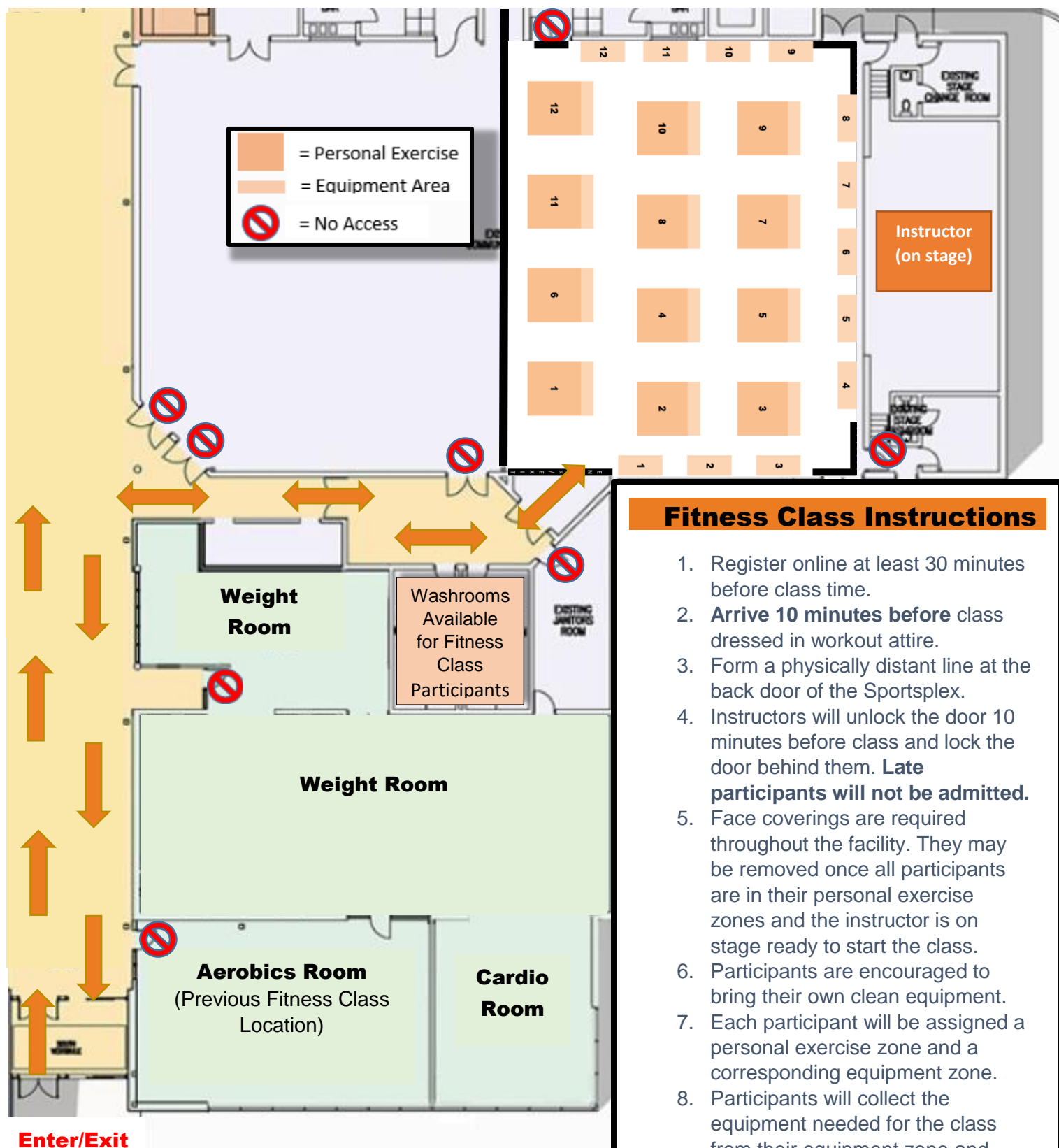


Indoor Fitness Class Layout & Instructions



Fitness Class Instructions

1. Register online at least 30 minutes before class time.
2. **Arrive 10 minutes before** class dressed in workout attire.
3. Form a physically distant line at the back door of the Sportsplex.
4. Instructors will unlock the door 10 minutes before class and lock the door behind them. **Late participants will not be admitted.**
5. Face coverings are required throughout the facility. They may be removed once all participants are in their personal exercise zones and the instructor is on stage ready to start the class.
6. Participants are encouraged to bring their own clean equipment.
7. Each participant will be assigned a personal exercise zone and a corresponding equipment zone.
8. Participants will collect the equipment needed for the class from their equipment zone and bring it to their personal exercise zone to clean before use.
9. After class, participants must clean equipment used before leaving the facility.