

VPSC Drop-In Activity Groups

Drop-in fees: \$1.00 members of the Centre or \$2.00 non-members, unless otherwise stated.

No registration required. Note various start dates for each activity.

New participants are always welcome. Pre-registration not necessary.

Attend any drop-in activity for free on first visit.

- **Art Drop-in:** Wednesdays at 1:00 pm. Bring any type of art or hobby you would like to work on. Starts March 2.
- **Bid Euchre:** Tuesdays at 1:00 pm. Convenors: Ken Munn 226.790.1778, Marie Foster 519.843.1396. Starts January 11.
- **Billiards, Snooker & Pool:** Monday to Friday 9:00 am to 4:00 pm. Ladies Only Tuesday afternoons from 1:00-4:00 pm. Annual billiards membership is \$50. You must be a current member of the Centre to obtain a billiards membership. Alternatively, members of the Centre can pay \$1.00 per game or \$2.00 for non-members.
- **Bingo:** Thursdays at 1:00 pm. Join in this fun and lively group. Starts January 13.
- **Book Club: Books Anon:** First Friday of the month at 11:00 am to discuss the book of the month. Reading list based on group input. Convenor: Jennifer Cox 519.843.6898. Starts January 7.
- **Bridge:**
 - Duplicate Bridge:** Mondays at 7:00 pm. On hold until evening programming resumes.
 - Contract Bridge:** Tuesdays at 7:00 pm. On hold - Looking for a Convener and players.
 - Duplicate Bridge:** Wednesdays at 1:00 pm. On hold - Looking for a Convener and players.
 - Social Bridge:** Thursdays at 1:00 pm. Convenor: Irene Read 519.843.7246. Starts January 13.
- **Bunka Artistry:** Tuesdays at 9:30 am. A creative, social group and work on your own project. Convenor: Kathy Dodwell. Starts January 4.
- **Canasta:** Mondays at 9:30 am. A matching card game to create melds of cards of the same rank, then go out by playing or discarding all the cards in your hand. Convenors: Lynne Anderson 519.846.9851, Karen Lindsay 519.843.3267. Starts January 10.
- **Carpet Bowling:** Fridays at 1:00 pm. Convener: Pat Hendry 226.383.1452. Starts January 14.
- **Choir & Ukulele Band: The Melody Makers:** Mondays at 2:00 pm. Join us if you love to sing or play an instrument. The Bell Ringers meet Mondays at 1:00 pm to practice. Convenor: Morven McCorquodale 519.843.5066. Starts January 17.
- **Colouring Circle:** Mondays at 1:00 pm. An informal and fun time to colour. Starts January 10.
- **Conversation en français:** Tuesdays from 3:00 pm to 4:00 pm. Convenor: Michelle Roy. Email: mi_ch_roy@hotmail.com. Starts January 4.
- **Conversación en Español:** Fridays at 11:00 am. Convener: Carol Anne. Email: capinkney@sentex.ca. Starts January 7.
- **Crafts & Quilting:** Wednesdays at 1:00 pm. Items made are sold in the Centre's Craft Shop year-round. Proceeds support the Centre. No cost. Group will do custom hand quilting. Convenor: June Wallsten 519.787.0496. Starts January 5.
- **Creative Writing:** Wednesdays at 10:30 am. Fun, casual, creative writing. Convenor: Marilyn Helmer 226.486.1095. Starts January 5.
- **Cribbage:** Fridays at 9:30 am. Convenors: Vern & Marlene Dowdall 519.843.3907. Starts January 14.
- **Crokinole:** Wednesdays at 10:00 am. Crokinole cues available. Convenor: Brian Osmond. Starts January 10.
- **Cross-Country Skiing & Snowshoeing** – Looking for Convener and participants.

- **Darts:** Thursdays at 9:30 am. Convenor: John Parkinson 519.787.8038. Starts January 13.
- **Drama:** If interested contact Convenor: Wendy Barrett 519.323.6017. On hold until special events resume.
- **Euchre:**
Wednesday Afternoons at 1:00 pm. Convenor: Donna Wagenaar 519.843.4754. Starts January 12.
Thursday Evenings at 7:30 pm. Convenor: Mable Kopperson 519.803.0027. On hold until evening programming resumes.
- **Genealogy:** Tuesdays at 12:30 pm. Convenor: Lynne Anderson. Starts January 4.
- **Guitar Group “The Country Classics”:** Thursdays at 1:00 pm. Bring an acoustic six-string guitar. Convenor: Al Soligo 226.383.6216. Starts January 27.
- **Hand and Foot Card Game:** Tuesdays at 1:00 pm. Convenors: Lois Dobbie 519.843.2595, Karen Lindsay 519.843.3267. Starts January 11.
- **Line Dancing:** Wednesdays from 3:00 pm to 4:15 pm. Convenor: Anne Pegelo. Starts January 5.
- **Mah Jong:** Fridays at 9:30 am. A game of Chinese origin, played with small, attractive tiles. American and Chinese versions played. Convenor: Lynn Anderson 519.846.9851. Starts January 7.
- **Poker:** Tuesdays at 7:00 pm. Convenor: David Pero 519.993.0324. On hold until evening programming resumes.
- **Scrabble:** Thursdays at 1:30 pm. Convenor: Pamela 519.846.0930. Starts January 20.
- **Shuffleboard:** Tuesdays at 1:00 pm. Convenor: Mary Byrd. Starts January 4.
- **Song Circle for String Players:** Tuesdays at 1:00 pm. Bring your guitar, ukulele, banjo, autoharp. Convenor: Tiit Kao. Starts January 18.
- **Table Tennis:** Thursdays at 1:00 pm. Looking for more players and a convenor.
- **Tap Dancing:** Tuesdays, 3:00-4:15 pm & Thursdays, 9:00-10:30 am. Tap shoes to borrow or bring your own. We are looking for donations of tap shoes. Starts January 4 (Tuesday) & January 6 (Thursday).
- **Ukulele Band: Melody Makers:** Mondays at 2:00 pm (with the Choir) and Fridays at 1:00 pm. Bring your own ukulele. Convenor: Ken McCorquodale 519.843.5066. Starts January 17 (Monday) and January 21 (Friday).
- **Wii Bowling:** Tuesdays at 1:00 pm. Convenor: Joan Jolley. Starts January 4.
- **Wood Carving** - Wednesdays at 1:00 pm. On hold – looking for participants.

Foot Care Clinic: Tuesdays – Call VPSC to book appointment 519-846-9691 ext. 204

Have your feet assessed by a Registered Practical Nurse, certified in Advanced and Diabetic Foot Care. Includes cutting and filing toenails, reduction of corns and calluses, moisturizing skin. \$30 cash only.

Reflexology Clinic: 3rd Monday each month – Call VPSC to book appointment 519-846-9691 ext. 204

Deeply relaxing, reflexology works the reflex points in the feet that relate to different organs and areas of your body. Circulation is improved to facilitate balance within the body. \$35 for 30 minutes or 1 hour for \$65.